



## Beckton & Royal Docks Children's Centre Tip Sheet

### Edible Finger Paints

#### You will need

- 1 Cup of flour
- 1 Cup of warm water
- Edible food colours
- Bowls/containers
- Paper or card



Simply mix the flour with warm water, add the water a bit at a time until you get a nice consistency then divide the mixture into bowls and add a few drops of the food colouring, then let your baby get creative!

