

## Beckton & Royal Docks Children's Centre Tip Sheet

# Homemade shakers and maracas



1. First choose containers that are made of good thick materials. There are some ideas above, don't use the sort of plastic bottles that scrunch up easily or ones that would be difficult for little hands to hold. Look out for containers that might have a tin bottom, like the cocoa pot or tubular biscuit/snack tins, these will be strong and make a really good sound too.
2. The sound of the shaker will depend on what you put inside, so vary the contents. You can use sand and rice for a soft effect and lentils, or bigger dried peas and beans for a louder sound. Don't put too much in, it's good to have a bit of space for it to shake about in. Make sure that you then seal the containers with tape securely.
3. Once they are covered you can decorate however you like.

