

Beckton & Royal Docks Children's Centre Tip Sheet



Autumn Leaf Sensory Bag!



What you need:

- Freezer bag
- $\frac{1}{4}$ cup of baby oil
- $\frac{1}{4}$ cup of water
- A few drops of liquid food colouring
- Leaves
- Glitter (optional)
- Tape



Instructions:

1. Tape 3 closed sides of the freezer bag to prevent dripping.
2. Insert the leaves
3. Pour in the baby oil
4. then a few drops of food colouring.
5. Pour in the water
6. Add glitter or sequence if you wish
7. Seal the bag pushing out most of the air (to prevent popping)
8. Tape the open edge and its ready for your baby to play!

