



Beckton & Royal Docks Children's Centre Tip Sheet

Heuristic Play

Heuristic play is about giving babies and young children the opportunity for self directed play by providing them materials that offer different sensory experiences. The idea is to present babies with a number of natural materials that can be found in and around the house.



Useful Resources

Paper/cardboard objects: Egg boxes, notebook, sturdy cardboard tubes, grease-proof paper.

Wooden objects: Door wedge, small turned bowl, dolly pegs, egg cup, wooden egg, spoons, curtain rings, coaster, bracelet, block, napkin rings, dowel, empty salt and pepper cellars.