

## Beckton & Royal Docks Children's Centre Tip Sheet

### Sensory Play, Sensory Bags

#### You will need:

- Zippy bag
- Hair Gel or Child safe Paint
- Glitter
- Buttons, Beads, Sequins, or other small non sharp objects
- Tape to seal the bag



Add hair gel or paint to zippy bags, then add glitter and your choice of small objects. Make sure they have no sharp edges, or they will damage the bag. Use tape to seal the edges of the bag.