



Beckton & Royal Docks Children's Centre Tip Sheet

Home Made musical Sensory shakers

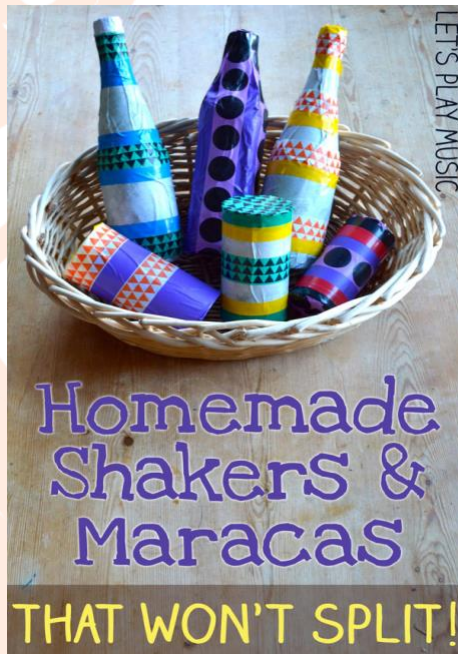
List of resources –

Plastic empty bottles, empty small biscuit/snack tins

Sticky tape,

Rice, lentils small pebbles/stones,

Coloured paper for decoration



Instructions to make shaker –

Fill empty bottles or biscuit/snack tins with items such as rice, small stones or lentils.

Seal the lids with sticky tape and decorate with patterned or coloured paper.

Have fun with your musical shakers!!