



Beckton & Royal Docks Children's Centre Tip Sheet

Heuristic Treasure Basket

Heuristic play describes the activity of babies and children as they play with and explore the properties of 'objects'. These 'objects' are things from the real world and are natural. Using heuristic play with babies stimulates all the senses, creating a rich learning experience.



What you need is anything natural e.g.

Wooden bowls/ blocks/ baskets/spoons

Paper cups/ bowls/ boxes

Cardboard boxes

Scarves or cloth materials

Metal pots/pans/tins/spoons



(Always make sure it is safe and no sharp edges)

Put all items in a basket and let your baby explore!

