



## Beckton & Royal Docks Children's Centre Tip Sheet

### Zoom Zoom Zoom!!!

Babies love nursery rhymes, and the rhythm of songs and rhymes helps with the development of their language. Songs with actions in them are especially good because babies can join in with them by moving their body or doing the actions with their hands, long before they can sing along.

Are you ready? Here we go!

**Zoom Zoom Zoom we're going to the moon!**

**Zoom Zoom Zoom we'll be there very soon!**

*Actions: Finger tips touching, making the nose of a rocket ship, move left and right, moving upwards like a snake as you sing the verses.*

**In 5, 4, 3, 2, 1.....ZOOM!!!**

*Actions: Countdown using your fingers*

*Starting with 5, just before you say zoom*

*Have your hands around your baby ready to*

*Lift them up, if you're doing this with older*

*Children jump up with them and run around!!*

**Repeat the song, have fun!**

