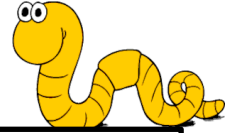


## Beckton & Royal Docks Children's Centre Tip Sheet

# Colourful Wiggly Worms!



### What you need:

- 3 paper kitchen towel sheets
- Pen / Chopstick
- Washable marker/ colour pens
- Permanent marker
- Dropper/pipette
- Water
- Plate or Bowl



### Instructions:

1. Cut a paper towel sheet in half.
2. Colour one side lightly with washable marker or colour pen.
3. Roll the paper around a pen or chopstick to make it look like a worm.
4. Scrunch each side together and then remove from the pen.
5. Add eyes and a mouth with a permanent marker if you wish on one end to make a face.
6. Provide a dish of water and dropper/pipette for making the worm grow and become colourful!

