

Beckton & Royal Docks Children's Centre Tip Sheet Sensory play with rice

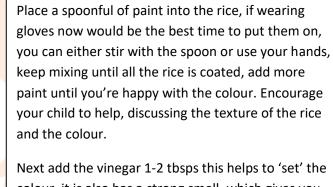


Resources needed:

Plastic bowl Rice Vinegar

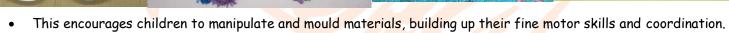
Gloves (advisable but not necessary)

Spoon Tray Powder paint



Next add the vinegar 1-2 tbsps this helps to 'set' the colour, it is also has a strong smell, which gives you another opportunity with your child to talk about their senses. When its thoroughly mixed pour out onto a tray and let it dry. You can make lots of different colours.





They use all 5 senses. Toddlers and children process information through their senses. They learn through exploring these.

- Sensory play is unstructured, not product-oriented; it is the purest sense of exploratory learning.
- Self-esteem: sensory play offers kids the opportunity for self-expression because there is no right answer and children feel safe to change or experiment with what they are doing.
- Language development- experimenting with language and trying new words.
- Great for learning colours and sequence of colours in a rainbow.





