



Beckton & Royal Docks Children's Centre Tip Sheet

Shadow puppets

Exploring light and dark

A fun, hands-on activity with LIGHTS! Shadow puppets is an easy to make, fun to do activity that combines fine motor, math, science, and play with basic supplies from your cupboards.

Why not try out this fun activity and then let us know how you get on, email:

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Materials needed:

Coloured paper, Scissors, Hole punch

Pencil or craft stick, Tape, Torch



How to Make Shadow Puppets

1. Cut several numbers or shapes out of the paper.
2. Allow the child to hole punch dots throughout the numbers.
The use of a hole punch will help strengthen fine motor muscles in hands and create a really neat effect when the light is shown on the shadow puppet figures.
3. Tape the numbers to a pencil or craft stick.
4. In a dark room, shine the torch on the numbers. Explore what happens when the shadow puppet moves closer and further from the light source.
5. Have fun!