



Beckton & Royal Docks Children's Centre Tip Sheet

Threading-Developing fine motor skills

Threading is a good activity to help children develop fine motor skills, which are essential for being able to draw, write, do up buttons, tie shoelaces, open lunch boxes and more. Threading also helps to develop eye-hand coordination and concentration skills.

You will need:

Pipe cleaners, straws or dried spaghetti

Colander or other container with holes

Encourage your child to push the spaghetti or pipe cleaners into the holes in the colander. If you don't have a container with holes you could make holes in an empty box, a cereal packet for example.

