



Beckton & Royal Docks Children's Centre Tip Sheet

Cotton Ball Painting

Using pegs are great for children it enables them to develop their fine motor skills. Also as they are trying to use the peg to pick up the cotton wool it helps to develop their hand and eye coordination. Painting also helps develop imagination and creativity.



Resources:

Paper
Muffin or brownie pan (little bowls would work also)
Kid's washable paint
Cotton Balls
Wooden Pegs

Instructions:

1. Grab your paint and set it up in your muffin or brownie pan. (Can also use small bowls)
2. Attach wooden clothes pegs to your cotton balls.
3. Dip into paint and Get Creative!!

