

## Beckton & Royal Docks Children's Centre Tip Sheet

### Muddy Farm

This is a fun, messy activity that will allow your child to explore using their senses including eyes, mouth, and touch.

#### You will need:

- Corn flour
- Coco powder
- Water
- Spoon
- Tray or plastic tub
- Toy animals/figures
- Plastic mat/bin liner or newspaper to protect the floor
- Optional: Hay, leaves, shredded wheat



On a tray or plastic tub mix corn flour & coco powder together. Slowly pour on the water and allow your child to mix using a spoon or their hands. You should end up with a runny but not too thick mixture.

Add different farm animals/figures and the hay/leaves or shredded wheat if using. Let your child explore the different textures and smell.

