

Beckton & Royal Docks Children's Centre Tip Sheet

Sensory Sponge Tub!

Babies can squeeze the sponges which is a wonderful way to work those fine motor skills and strengthen the muscles in their hands while they play!

What you need...

Packet of sponges



Scissors



Water



Tub Bucket



Instructions:

Simply cut the sponges into finger sized lengths. Then add them to a tray of cool/warm water ready to explore outside! Also can be experience during bath time.