



## Beckton & Royal Docks Children's Centre Tip Sheet

### Porridge Oats Playdough

#### You will need:

- Flour
- Food colouring
- Water
- Porridge oats
- Measuring cups
- Mixing bowl
- Rolling pin & cutters (optional)
- Edible glitter (optional)
- Cake sprinkles (optional)



#### Directions:

- Mix 1 cup of oats with 1 cup of flour.
- Add a few drops of food colouring to 1 cup of water. Add more food colouring for a more intense colour.
- Gradually add the coloured water to the oat & flour mix, while stirring.
- Watch the playdough form. If the mixture is too sticky add more flour.
- For more interest you can add edible glitter or cake sprinkles (optional)

